

**Senate Bill No. 544**

(By Senators Sypolt, Stollings and D. Hall)

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[Introduced February 23, 2015; referred to the Committee on Education; and then to the  
Committee on Finance.]

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**FISCAL  
NOTE**

10 A BILL to amend and reenact §18-2-7a of the Code of West Virginia, 1931, as amended, relating  
11 to procedures for body mass index screening in schools; establishing legislative findings;  
12 providing physical education and physical activity requirements for physical education  
13 classes in schools; establishing procedures for collecting body mass index data of students;  
14 allowing for the contracting for collecting body mass index of students; permitting or  
15 requiring parents and guardians of students to obtain body mass index data from a provider  
16 selected by the parent or guardian and to submit the results to the appropriate authority;  
17 requiring board to provide to parents information about the body mass index screening  
18 program; requiring board, in certain circumstances, to provide to parents and guardians a list  
19 of providers and information about screening services available in the community for parents  
20 and guardians who cannot afford a private provider; requiring that students not be subjected  
21 to body mass screening when parents or guardians do not wish for their children to be

1       subjected to the same; requiring that prior written consent be obtained before any student is  
2       subjected to body mass screening; requiring that parents be advised of risks associated with  
3       body mass index screening and that parents or guardians be provided with information about  
4       appropriately addressing the risks; requiring that the confidentiality of each student be  
5       maintained and that each student’s privacy is protected by ensuring that each student is  
6       screened alone and not in the presence of other students or staff.

7 *Be it enacted by the Legislature of West Virginia:*

8       That §18-2-7a of the Code of West Virginia, 1931, as amended, be amended and reenacted  
9 to read as follows:

10 **ARTICLE 2. STATE BOARD OF EDUCATION.**

11 **§18-2-7a. Legislative findings; required physical education; program in physical fitness.**

12       (a) The Legislature hereby finds that obesity is a problem of epidemic proportions in this  
13 state. There is increasing evidence that all segments of the population, beginning with children, are  
14 becoming more sedentary, more overweight and more likely to develop health risks and diseases  
15 including Type II Diabetes, high blood cholesterol and high blood pressure. The Legislature further  
16 finds that the promotion of physical activity during the school day for school children is a crucial  
17 step in combating this growing epidemic and in changing the attitudes and behavior of the residents  
18 of this state toward health promoting physical activity.

19       (b) As a result of these findings, the state Department of Education shall establish the  
20 requirement that each child enrolled in the public schools of this state actively participates in  
21 physical education classes during the school year to the level of his or her ability as follows:

1           (1) *Elementary school grades.* -- Not less than thirty minutes of physical education, including  
2 physical exercise and age-appropriate physical activities, for not less than three days a week.

3           (2) *Middle school grades.* -- Not less than one full period of physical education, including  
4 physical exercise and age-appropriate physical activities, each school day of one semester of the  
5 school year.

6           (3) *High school grades.* -- Not less than one full course credit of physical education,  
7 including physical exercise and age-appropriate physical activities, which shall be required for  
8 graduation and the opportunity to enroll in an elective lifetime physical education course.

9           (c) Enrollment in physical education classes and activities required by the provisions of this  
10 section shall not exceed, and shall be consistent with, state guidelines for enrollment in all other  
11 subjects and classes: *Provided*, That schools which do not currently have the number of certified  
12 physical education teachers, do not currently have the required physical setting or would have to  
13 significantly alter academic offerings to meet the physical education requirements may develop  
14 alternate programs that will enable current staff, physical settings and offerings to be used to meet  
15 the physical education requirements established herein. These alternate programs shall be submitted  
16 to the state Department of Education and the Healthy Lifestyle Council for approval. Those schools  
17 needing to develop alternate programs shall not be required to implement this program until the  
18 school year commencing 2006.

19           (d) The state board shall prescribe a program within the existing health and physical  
20 education program which incorporates fitness testing, reporting, recognition, fitness events and  
21 incentive programs which requires the participation in grades four through eight and the required

1 high school course. The program shall be selected from nationally accepted fitness testing programs  
2 designed for school-aged children that test cardiovascular fitness, muscular strength and endurance,  
3 flexibility and body composition: *Provided*, That nothing in this subsection shall be construed to  
4 prohibit the use of programs designed under the auspices of the President's Council on Physical  
5 Fitness and Sports. The program shall include modified tests for exceptional students. Each school  
6 in the state shall participate in National Physical Fitness and Sports Month in May of each year and  
7 shall make every effort to involve the community it serves in the related events.

8 (e) The state board shall promulgate a rule in accordance with the provisions article three-b,  
9 chapter twenty-nine-a of this code that includes at least the following provisions to provide for the  
10 collection, reporting and use of body mass index data in the public schools:

11 (1) The data shall be collected using the appropriate methodology for assessing the body mass  
12 index from student height and weight data: *Provided*, That the state board or county boards may  
13 provide any screenings for body mass index, contract with another entity for provision of the  
14 screenings, or request the parent or guardian of each student subject to the screening to obtain the  
15 screening from a provider selected by the parent or guardian and to submit the results to the state  
16 board, county board or school designated for collection of body mass index data. If the state board,  
17 county board or school provides the screenings or contracts with another entity for provision of the  
18 screenings, the board or school shall protect the student and his or her privacy by insuring that the  
19 screening is conducted alone and not in the presence of other students or staff. All screenings for  
20 body mass index shall be conducted by qualified persons who have been trained in the proper  
21 methodology and use of equipment meeting medically acceptable standards.

1       (2) Each school year, each county board or school required to conduct screening for body  
2 mass index of students shall provide the parent or guardian of each student subject to possible  
3 screening for body mass index with information about the screening program. If the state board,  
4 county board or school requests parents and guardians to obtain a screening from a provider of their  
5 choosing, such state board, county board or school shall provide the parents or guardians with a list  
6 of providers and information about screening services available in the community to the parents and  
7 guardians who cannot afford a private provider.

8       (3) If the parent or guardian of a student subject to possible screening signs and submits to  
9 the state board, county board or school a written statement indicating that the parent or guardian does  
10 not wish to have the student undergo the screening for body mass index, the state board, county  
11 board or school may not require the student to be screened: *Provided*, That before any student is  
12 screened for body mass index the state board, county board or school must obtain prior written  
13 consent of the parent or guardian of the student. The consent shall be sought and obtained not more  
14 than fourteen days prior to the date on which the body mass screening is scheduled to be performed.

15       (4) The state board, county board or school shall notify the parent or guardian of each student  
16 to be screened for body mass index under this section of any health risks, including the potential for  
17 triggering eating disorders, associated with the student's results and shall provide the parent or  
18 guardian with information about appropriately addressing the risks. For this purpose, the  
19 Department of Education in consultation with the West Virginia University Disordered Eating Center  
20 of Charleston, West Virginia Department of Health and Human Resources, Healthy Lifestyles  
21 Coalition and any other persons or entities public or private which in the judgment of the state board

1 may be helpful in fulfilling the requirement of this section, shall develop a list of documents,  
 2 pamphlets, or other resources that shall be distributed to parents and guardians under this section.

3 ~~(2)~~(5) The data shall be collected on a scientifically drawn sample of students;

4 ~~(3)~~(6) The data shall be collected and reported in a manner that protects student  
 5 confidentiality. The state board, county board or school shall maintain the confidentiality of each  
 6 student's individual screening results at all times. The state board, county board or school shall at  
 7 all times protect student privacy by ensuring that each student is screened alone and not in the  
 8 presence of other students or staff. No board or school may report a student's individual screening  
 9 results to any person other than the student's parent or guardian.

10 ~~(4)~~(7) The data shall be reported to the Department of Education; and

11 ~~(5)~~(8) All body mass index data shall be reported in aggregate to the Governor, the State  
 12 Board of Education, the Healthy Lifestyles Coalition and the Legislative Oversight Commission on  
 13 Health and Human Resources Accountability for use as an indicator of progress toward promoting  
 14 healthy lifestyles among school-aged children.

NOTE: The purpose of this bill is to establish procedures for body mass index (BMI) screening in schools in West Virginia. The bill requires that schools educate parents and guardians of the screening program and risks of conducting the same and how the risks may be addressed. Also the bill would require that schools obtain the prior written consent of parents and guardians of students before conducting BMI screenings.

Strike-throughs indicate language that would be stricken from the present law, and underscoring indicates new language that would be added.